

## **ACT OF FAITH, ACT OF HOPE, ACT OF LOVE**

### **ACT OF FAITH**

O my God, I firmly believe  
that you are one God in three divine Persons,  
Father, Son, and Holy Spirit.  
I believe that your divine Son became man  
and died for our sins, and that he will come  
to judge the living and the dead.  
I believe these and all the truths  
which the holy Catholic Church teaches,  
because you have revealed them,  
who can neither deceive nor be deceived.  
Amen.

### **ACT OF HOPE**

O my God, relying on your infinite mercy and promises,  
I hope to obtain pardon of my sins,  
the help of your grace, and life everlasting,  
through the merits of Jesus Christ, my Lord and Redeemer.  
Amen.

### **ACT OF LOVE**

O my God, I love you above all things  
with my whole heart and soul,  
because you are all good and worthy of all my love.  
I love my neighbor as myself for the love of you.  
I forgive all who have injured me and  
I ask pardon of those whom I have injured.  
Amen.